



Catholic Church of the Holy Trinity

2nd Sunday of Lent, 5 March 2023

20 Tampines St 11
Singapore 529455
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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Deacon Shaun Lim 67865043
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Preparations to be made

1 year in advance.

Enquire at Parish Office



“This is my Son, the Beloved; he
enjoys my favour. Listen to him.”
(Matthew 17:5)

Stations of the Cross

Every Thursday in Teochew

8:00pm @ Chapel

Every Friday in English

3:00pm @ Chapel

6:30pm @ Main Church

Sunday Meditation

2nd Sunday of Lent, Year A

**Genesis 12:1-4a; Psalm 33:4-5, 18-20, 22; 2 Timothy 1:8b-10;
Matthew 17:1-9**

I will bless you. (Genesis 12:2)

We often forget that, before the Lord called him, Abram was a pagan. That means that, like everyone else around him, he worshipped false gods whose stories were steeped in the selfishness, violence, and pettiness of the world.

So imagine Abram's surprise when he encountered the one true God! He was unlike any other "gods" Abram had already worshipped. There was a selfless quality about the way the Lord spoke to him. He didn't ask Abram to perform elaborate sacrifices; he didn't command him to go into battle on his behalf; he didn't even threaten to kill him if he didn't obey him. Instead, the Lord was totally invested in Abram, not himself. He promised to "bless" Abram even before Abram had done a single thing for him (Genesis 12:2). All God wanted was for Abram to leave home, that place of violence and selfishness, and travel to a new land where he and his descendants could begin a new, grace-filled life.

Just as he did for Abram, God wants to bless you—simply because he loves you. He's not concerned with how much you sacrifice to him. He isn't calculating your reward based on the number of good deeds you perform for him. He doesn't "need" anything from you at all. He just wants to help you leave whatever "places" of sin, violence, and selfishness are in your heart so that you can receive his blessings. All he wants is for you to experience life in the promised land, the kingdom of his beloved Son.

In a world that is so often based on the give-and-get transactions of business contracts and self-serving relationships, God's calling can be hard to believe.

It can seem too good to be true. But it is true! Your heavenly Father loves you for who you are. He simply wants to bless you. Will you embrace his call and enter his promised land?

"Lord, give me the faith of Abram. Help me to follow you into freedom."

Reflection from Word Among Us

Parish Activities

Sunday, 5 March

10:20am – 11:40pm: Mandarin Divine Mercy

4:15pm – 5:00pm : Legion of Mary Jr (Mother of Holy Innocents)

Monday, 6 March

8:00pm – 9:00pm : Hour of Prayer

Tuesday, 7 March

7:30pm – 9:30pm : Legion of Mary, Mandarin (天主之母)

8:00pm – 9:00pm : Christian Meditation

Wednesday, 8 March

9:00am onwards : Church cleaning (by Willing Hands)

8:00pm – 9:00pm : Charismatic Prayer Community

Thursday, 9 March

10:00am – 11:30am: Legion of Mary (Mary, Full of Grace)

10:00am – 11:30am: Mandarin Bible Study

10:00am – 12:00pm: Catholic Praying Mothers

7:00pm – 9:30pm : Legion of Mary (Our Lady of Charity)

7:30pm – 9:30pm : Society of St Vincent de Paul

7:45pm – 9:30pm : RCIA English

8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary Mandarin (圣母升天)

Parish Activities

Friday, 10 March

- 7:15pm – 9:15pm : Legion of Mary,
Mandarin (圣母领报)
- 8:00pm – 9:00pm : Divine Mercy
Devotion

Saturday, 11 March

- 9:00am onwards : Church cleaning
(by Willing Hands)
- 9:00am – 11:00am: Mandarin Group
Retreat
- 10:30am – 12:00pm: Holy Trinity Youth
- 11:30am – 1:00pm : Legion of Mary
(Mary, Star of the
New Evangelization)

Other Timings

- Rosary Prayer
- Weekdays: 5:25pm at Chapel
- Sunday & Saturdays: 4:55pm at
Main Church

Parish & Ministry News

Traffic Wardens Needed

Approach our Traffic Wardens on
Sundays, or contact the parish office at:
htadmin@holyltrinity.org.sg

Rosary @ the Grotto

During Lent, Rosary prayers at the grotto
will change from the first Fridays of the
month to the first Tuesdays of the month
due to Stations of the Cross.

Archdiocese Events

Canossa Catholic Primary School Stall

The school canteen has vacancies for
Chinese Economy Rice and Western Food.
Interested parties may contact the school
at CCPS@moe.edu.sg or 6844 1418.

Online Lenten Reflection Booklets



Scan the QR code for the
downloadable version of the
Lenten Reflection Booklet
from Office of New
Evangelization,

Archdiocese Events

Wisdom is the Cross – Lenten Retreat

Friday, 3 March – Sunday, 5 March
Montfort Centre
624 Upper Bukit Timah Road, 678212
Enter the depths of mystery of the
Wisdom of God, not in mere philosophy
but in carrying the cross.
Sign up @
www.montfortcentre.org/events-1/wisdom-is-the-cross-2023

Introduction to Catechetical Pedagogy & Catechetical Method

11, 12 & 18 March, 9:00am – 5:00pm
Church of the Risen Christ
91 Toa Payoh Central, 319193
Organized by Office of Catechesis: This
course, which consists of theoretical and
practical application components, will
introduce participants to the method of
teaching as proposed by the Universal
Church.
Sign up @ tinyurl.com/MAR23ICPCM

Intercession Retreat #7

Saturday, 18 March & Sunday, 19 March
9:00am – 6:00pm each day
Catholic Spirituality Centre
1261 Upp Serangoon Rd, 534796
Conducted by CSC Retreat Team and
Vincent Lee: Understand the power of
intercession and the qualities of an
intercessor.
Sign up @ bit.ly/CSCIntRet7

CBN Lenten Retreat 2023

Saturday, 25 March, 9:00am – 5:00pm
Agape Village, MPH 1, Level 1
7A Lorong Toa Payoh, 319264
Organised by Catholic Business Network
(CBN) and lead by Fr Francis Lim, SJ:
Come for a day of recollection with a talk
and sharing around the theme “Finding
Joy @ Work with Christ”.
Sign up @ bit.ly/CBNLENT23

Archdiocese Events

Module 2 of My Personal Compass 2023

Every Thursday, 23 March – 4 May,

7:30pm

CANA at Catholic Centre

55 Waterloo St, 187954, Level 3

What is a virtue? Why are virtues so central to the Church's moral teachings and tradition? How do they help us to become more fully human?

Sign up @ tinyurl.com/MPC2023Mod2

Learning to Listen and Facilitate

2 Saturdays, 25 March & 1 April,

9:00am – 5:00pm

Catholic Archdiocesan Education Centre

2 Highland Rd, 549102

Organized by Office of Catechesis: In this course, participants will learn how to listen authentically which is key in facilitating small faith-sharing groups. With its practical components, this course hopes to equip those in the ministry with facilitation tools that can deepen their craft in catechesis.

Sign up @ tinyurl.com/FCC-LLF

SHINE 23 Retreat

Monday, 27 March – Fri, 31 March

Office for Young People

2 Lorong Low Koon, 536449

Annual retreat organised by Office for Young People for Polytechnic, ITE & Private Diploma students. Come for an opportunity to encounter Jesus and to know the various Catholic communities and friendships that can support your spiritual journey across the institutions.

Sign up @ tinyurl.com/shine23p

*View the bulletin online at:
holyltrinity.org.sg/weekly-bulletin/*