



Catholic Church of the Holy Trinity

31st Sunday of Ordinary Time, 5 November

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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Shaun Lim 67843190
Parish Office 67842332
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Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Wedding bookings to be made
1 year in advance. Please
enquire at the Parish Office.



“The greatest among you must be
your servant.”
Matthew 23:11

Hour of Prayer

Monday, 6 Nov, 8:00pm

Come and pray together for the universal church.

Sunday Meditation

31st Sunday of Ordinary Time, Year A

Malachi 1:14–2:2, 8-10; Psalm 131:1-3, 47, 51;

1 Thessalonians 2:7-9, 13; Matthew 23:1-12

They tie up heavy burdens . . . and lay them on people's shoulders. (Matthew 23:4)

Today we read how Jesus accused Jerusalem's religious leaders of laying "heavy burdens" on people by imposing more and more rules on them (Matthew 23:4). But wasn't he doing the same thing? After all, he's the One who told people, "Take my yoke upon you" (11:29). Isn't a yoke—a contraption made of iron and hardwood—a burden as well?

Maybe so, but anyone who spent time with Jesus saw that the burden he spoke about was completely different—and much more attractive!

First, Jesus said that the burdens imposed by these scribes and Pharisees "nullified the word of God" (Matthew 15:6). They consisted of rules and fasts and tithes that were nowhere to be found in the Law of Moses. Some of them even contradicted God's will for his people. But Jesus' yoke is meant to help us "fulfill" the word of God (5:17). It's a yoke that calls us simply to love him and love our neighbor (22:34-40).

Jesus also said that his opponents placed burdens on people but did not "lift a finger" to help them (Matthew 23:4). By contrast, Jesus used the image of a yoke to describe his "burden." A yoke is an instrument that links two oxen together so they can help each other bear the load. And that's the point: Jesus wants to yoke himself to us so that he can walk beside us and help to lighten our burden.

Finally, and most important, the burdens of Jesus' opponents were made up of human regulations and restrictions, of additional

fasts and tithes, that could not bring people closer to God. But the exact opposite happens when we accept Jesus' yoke. We come into an ever-deepening relationship with him. And that relationship fills us with the joy and comfort of his own Spirit.

So come to Jesus today. Let him yoke himself to you in a bond of everlasting love.

"Jesus, thank you that your burden is light!"

Reflection from Word Among Us

Parish Activities

Sunday (5 Nov)

12:00pm – 5:00pm : L8 Catechism
Day of
Recollection

4:00pm – 5:00pm : Legion of Mary
for children
(Mother of Holy
Innocents)

Monday (6 Nov)

7:30pm – 9:30pm : Jesus Youth

7:45pm – 9:30pm : RCIA Mandarin

8:00pm – 9:00pm : Hour of Prayer

Tuesday (7 Nov)

7:30pm – 9:30pm : Legion of Mary
Mandarin
(天主之母)

8:00pm – 9:00pm : Christian
Meditation

Wednesday (8 Nov)

9:00am onwards : Church cleaning
(by Willing
Hands)

10:00am – 12:00pm : JOY Ministry,
for the elderly

Thursday (9 Nov)

9:30am – 12:00pm : Mandarin
Bible Study

10:00am – 11:30am : Legion of Mary
(Mary, Full of
Grace)

10:00am – 12:00pm : Catholic Praying
Mothers

7:30pm – 9:30pm : Legion of Mary
(Our Lady of
Charity)

7:45pm – 9:30pm : RCIA

7:45pm – 9:30pm : Society of St
Vincent de Paul

8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary
Mandarin
(圣母升天)

Friday (10 Nov)

7:15pm – 9:15pm : Legion of Mary
Mandarin
(圣母领报)

8:00pm – 9:30pm : Divine Mercy
Devotion

Saturday (11 Nov)

9:00am onwards : Church Cleaning
(by Willing
Hands)

10:00am – 12:00pm : Holy Trinity
Youth

1:00pm – 2:00pm : Legion of Mary
Youth (Mary,
Star of the New
Evangelisation)

3:30pm – 5:00pm : Legion of Mary
(Queen of
Angels)

Other Timings

Rosary Prayer before Mass

Weekdays: 5:25pm @ Chapel

Saturday & Sunday: 4:55pm @ Main
Church

Parish News

Desktop Calendars 2024

The Catholic News calendars are available for sale at \$8. Please purchase them from the parish office.

Hour of Prayer

Monday, 6 Nov, 8:00pm

Come and pray together for the universal church.

L8 Catechism

Day of Recollection

The Sec 2 children and catechists will have a day of recollection on 5 Nov, 12:00pm.

Archdiocese Events

ACMI Skills Development Courses for Migrants

Registration for Jan-Jun 2024 courses are open. Pick up skills such as English, Caregiving, Microsoft Word, Excel and PowerPoint. Please scan the QR code for the details.



Working with Dreams

10 Nov -12 Nov
La Salle House
490 East Coast Rd



A stay-in retreat to help us with our dreams, understand their symbolic language, how the divine can speak to us. Participants are to bring a significant dream to work on. Facilitated by Sr Linda Lizada from Cenacle Sisters. Please scan the QR to register.

Advent Recollection

16 Dec, 8:00am to 5:00pm
Church of the Holy Family,
Pastoral Center Lvl 3



An invitation to spend a day of prayer to prepare for Christmas. This day, we will reflect and pray on the themes of “Contrasts” and “Conflicts” as we follow the Advent Scripture narratives being re-told in our daily living. Mass is included. Please Scan QR code to register.