



20 Tampines St 11  
Singapore 529455  
Tel: 67842332  
UEN: T08CC4049A  
[holytrinity.org.sg](http://holytrinity.org.sg)

# Catholic Church of the Holy Trinity

6th Sunday in Ordinary Time, 12 Feb 2023



## Priests

Fr Frederick Quek 67841211  
Fr Luke Zhang 67846418  
Deacon Shaun Lim 67865043  
Parish Office 67842332  
[htadmin@holytrinity.org.sg](mailto:htadmin@holytrinity.org.sg)

## Mass Timings

### Weekday

6:30am; 6pm

### Saturday

6:30am; 5:30pm

### Sunday

6:45am; 8:30am (Mandarin);  
10:15am; 12pm & 5:30pm

### Public Holiday

9am

## Parish Office

### Monday - Friday

9am - 6pm

### Saturday/Sunday

9am - 1pm

### Public Holidays

Closed

## Columbarium

### Monday - Friday

9am - 6pm

### Saturday

10:30am - 1pm

### Sunday

Open during Mass timings

### Public Holiday

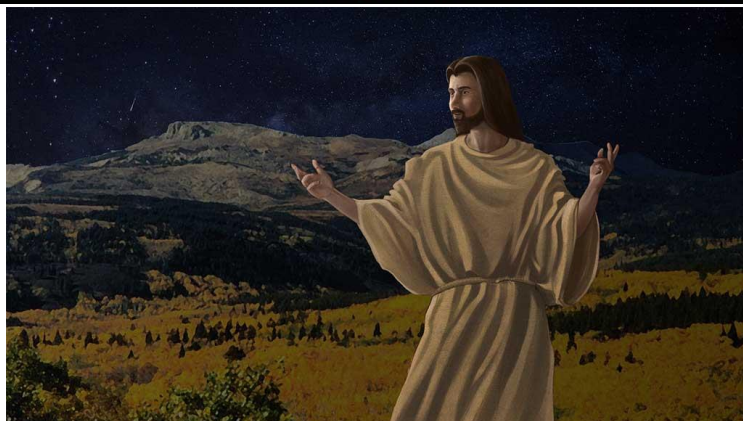
Closed

## Weddings

Preparations to be made

1 year in advance.

Enquire at Parish Office



“Do not imagine that I have come  
to abolish the Law or the Prophets.  
I have come not to abolish but to  
complete them.” (Matthew 5:17)

## Sunday Meditation

### 6th Sunday in Ordinary Time, Year A

**Sirach 15:15-20; Psalm 119:1-2, 4-5, 17-18, 33-34; 1 Corinthians 2:6-10; Matthew 5:17-37**

*Whoever obeys and teaches these commandments will be called greatest in the kingdom of heaven. (Matthew 5:19)*

What would our world be like if everyone lived out the teachings that Jesus gives us in today's Gospel? It would be a world where people work out their differences peacefully. Where husbands and wives are always faithful to one another. Where no one tells a lie or engages in dishonest deals.

Such a world might seem impossible, but this is the world that God has always intended for his people. It's the kingdom that Jesus announced was "at hand" at the beginning of his ministry (Matthew 3:2). It's the kingdom that he ushered in by his death and resurrection. If it seems hidden in some ways, that's because it's still under construction! We won't experience it fully until Jesus comes again.

But that doesn't mean we can't at least begin to experience God's kingdom today. In fact, God is calling us to build the kingdom. How? We can begin by taking Jesus' Sermon on the Mount as a blueprint for our lives. He calls us to pray and not worry about our daily needs. To care for the poor. To forgive as God has forgiven us. To love our enemies. To turn the other cheek. When we do these things, we make God's kingdom visible.

Because Jesus' teachings can be challenging, we might try to make excuses for ourselves or think that only the saints can obey them. But the more we try to live out Jesus' words, the more his Spirit fills our efforts with his divine grace—and the more we come to realize that it doesn't depend only on us, but also on God's power within us.

Today at Mass, ask the Lord how you might bring God's kingdom to the places where you live and work.

Rely on his teachings to guide you and the Spirit to empower you. Above all, stay alert, because opportunities to build the kingdom of God will surely come your way!

*"Jesus, may your kingdom come through me and all your people!"*

**Reflection from Word Among Us**

## Parish Activities

### Sunday, 12 Feb

10:20am – 11:40pm: Mandarin Divine Mercy

11:30am – 1:00pm : Legion of Mary (Mary, Star of the New Evangelization)

### Tuesday, 14 Feb

7:30pm – 9:30pm : Legion of Mary, Mandarin (天主之母)

8:00pm – 9:00pm : Christian Meditation

### Wednesday, 15 Feb

9:00am onwards : Church cleaning (by Willing Hands)

### Thursday, 16 Feb

10:00am – 11:30pm: Legion of Mary (Mary, Full of Grace)

10:00am – 12:00pm: Catholic Praying Mothers

7:00pm – 9:30pm : Legion of Mary (Our Lady of Charity)

7:45pm – 9:30pm : RCIA English

8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary Mandarin (圣母升天)

### Friday, 17 Feb

7:15pm – 9:15pm : Legion of Mary, Mandarin (圣母领报)

8:00pm – 9:00pm : Divine Mercy Devotion

## Parish Activities

### Saturday, 18 Feb

9:00am onwards : Church cleaning  
(by Willing Hands)

10:00am – 12:00pm: Holy Trinity Youth

### Other Timings

Rosary Prayer

Weekdays: 5:25pm at Chapel

Sunday & Saturdays: 4:55pm at  
Main Church

## Parish & Ministry News

### Teochev Stations of the Cross

Stations of the Cross in Teochev will take place every Thursday at 8:00pm, from 23 Feb, at the Chapel.

### Traffic Wardens

Contact our Traffic Wardens on Sunday at the parish office or

[htadmin@holyltrinity.org.sg](mailto:htadmin@holyltrinity.org.sg)

## Archdiocese Events

### Praying with Candidates in Our Prayer Space

Every Thursday, 16 & 23 Feb,

7:30pm – 10:00pm

Catholic Archdiocesan Education Centre,  
2 Highland Road, 549102

Organised by Office of Catechesis:

Understand prayer ministry, why we pray for each other and how the Holy Spirit ministers through us in prayer.

Register:

<https://tinyurl.com/prayerspaces2023>

## Archdiocese Events

### Encouraged Retreat 2023

Friday, 17 Feb – Sunday, 19 Feb

LifeSprings Canossian Spirituality Centre  
100 Jln Merbok, 598454

Organized by Courage Singapore:

A retreat for parents and spouses of people identifying as LGBT. Come for a weekend of prayer and reflection on God's call to accompany loved ones who identify as LGBT.

Register: [spdicourage@gmail.com](mailto:spdicourage@gmail.com)

### Helping Your Children Cope with Stress and Anxiety

Friday, 17 Feb, 8:00pm – 9:30pm

Online via Zoom

Organised by Catholic Family Life with Dr Tan E-Ching

Learn ways to help your child cope with stress and anxiety and how you can support them as parent in these times.

Register: [https://bit.ly/CCWSA\\_website](https://bit.ly/CCWSA_website)

### Prayer 101: An Introduction to Silence & Prayer for Young Adults

Saturday, 18 Feb – Sunday, 19 Feb

Saturday, 25 March – Sunday, 26 March

Kingsmead Hall,

8 Victoria Park Rd 266492

For adults 21 to 35 years old. This is a series of monthly retreats meant as an introduction to silence and prayer. Learn the various forms of prayer in the Ignatian tradition and the important elements of a retreat setting.

Cost: \$80

Register: <https://bit.ly/2023Prayer101>

# Archdiocese Events

## **Introduction to Morality**

Every Monday, 20 Feb – 27 March,

7:30pm – 10:00pm

Online Via Zoom

Organised by Office for Catechesis: The course teaches participants to appreciate formation of moral conscience and learning both human and theological virtues as a lifelong pursuit of how God reveals himself to the faithful.

Register: [www.catechesis.org.sg/2023-courses-events/BCC-ITM](http://www.catechesis.org.sg/2023-courses-events/BCC-ITM)

## **64<sup>th</sup> Beginning Experience Weekend**

Friday, 10 March – Sunday, 12 March

Fee: \$230

Affiliated under Catholic Family Life:

Beginning Experience Weekend is for permanently separated, divorced or widowed men and women. To progress from grief to a new beginning, to be healed and to be free to love themselves, others and God again.

Register: <https://tinyurl.com/BE-SG-WKD>

## **At the Feet of the Good Shepherd:**

### **A Retreat for Leaders**

Saturday, 25 Feb – Sunday, 26 Feb

Punggol Seminary

199 Punggol 17<sup>th</sup> Ave, 829645

Organised by Catholic Leadership Center:

Leaders may be used to tending to those under their care that they overlook their own spiritual and emotional well-being.

Come for a time of personal reflection and inner-healing.

Enquire/Register:

[enquiry.clc@catholic.org.sg](mailto:enquiry.clc@catholic.org.sg)

## **Special Needs Catechesis Dialogue**

Monday, 27 Feb 7:30pm – 9:30pm

Catholic Archdiocesan Education Centre

2 Highland Rd, 549102

Organised by Office of Catechesis:

Understand how the Office is catechizing for special needs and how you can become collaborators through the dialogue.

Register: [www.catechesis.org.sg/2023-courses-events/SN-Dialogue](http://www.catechesis.org.sg/2023-courses-events/SN-Dialogue)