



Catholic Church of the Holy Trinity

3rd Sunday of Advent, 17 December

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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
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Parish Office 67842332
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Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Wedding bookings to be made
1 year in advance. Please
enquire at the Parish Office.



“He came as a witness, to bear
witness to the light...”

John 1:7

Hour of Prayer

Monday, 18 Dec
8:00pm, Chapel

Christmas Eve Mass

Sunday, 24 Dec
10:30pm (Carolling)
11:00pm (Mass)

Christmas Day Mass

Monday, 25 Dec
6:45am
8:30am (Mandarin)
10:15am
12:00pm
5:30pm

Sunday Meditation

3rd Sunday of Advent, Year B

Isaiah 61:1-2, 10-11; Luke 1:46-48, 49-50, 53-54;

1 Thessalonians 5:16-24; John 1:6-8, 19-28

Rejoice always. (1 Thessalonians 5:16)

When St. Paul tells us to “rejoice always” (1 Thessalonians 5:16), it might seem that he is asking the impossible. How can we *always* feel joyful? Isn’t this too much to ask, even today, on Gaudete (or “Rejoice”) Sunday?

Not according to St. Thomas Aquinas! He taught that “joy is caused by love” (*Summa Theologiae* II-II, q. 28). As we experience God’s love for us, we grow in love for him—and this exchange of love is what produces joy in us. St. Paul also knew that God’s love was the secret to joy, which is why he follows up his exhortation to “rejoice always” with specific steps that we can take to experience his love more deeply:

First, *pray without ceasing* (1 Thessalonians 5:17). When we open our heart to God throughout the day, he fills it with his very self. The experience of his unconditional love and unending mercy ignites our love in return.

Second, *in all circumstances give thanks* (1 Thessalonians 5:18). Gratitude also deepens our love for God, especially when we reflect on who he is and what he has done for us. And in this Advent season, whatever our circumstances, we can thank God for sending his Son to earth to become one of us.

Finally, *do not quench the Spirit* (1 Thessalonians 5:19). In his Letter to the Romans, St. Paul tells us that “the love of God has been poured out into our hearts through the Holy Spirit” (5:5). If we want more joy in our lives, we can ask the Spirit to stir up the love of God in our hearts. And when he does, we can express it by praising him—which will, in turn, increase our joy.

Joy is not just for Gaudete Sunday; it’s for every day. So each day, follow Paul’s advice: turn to the Lord in prayer, thank him for all he has done for you, and ask him to fill you with more of his Spirit. Then praise him—and let your spirit soar!

“Lord, shower me with your love today so that my heart swells with joy!”

Reflection from Word Among Us

Parish Activities

Sunday (17 Dec)

4:00pm – 5:00pm : Legion of Mary
for children
(Mother of Holy
Innocents)

Monday (18 Dec)

7:45pm – 9:30pm : RCIA Mandarin
8:00pm – 9:00pm : Hour of Prayer

Tuesday (19 Dec)

7:30pm – 9:30pm : Legion of Mary
Mandarin
(天主之母)

Wednesday (20 Dec)

9:00am onwards : Church cleaning
(by Willing
Hands)
10:00am – 12:00pm : JOY Ministry,
for the elderly

Thursday (21 Dec)

10:00am – 11:30am : Legion of Mary
(Mary, Full of
Grace)
7:30pm – 9:30pm : Legion of Mary
(Our Lady of
Charity)

7:45pm – 9:30pm : RCIA
8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary
Mandarin
(天主之母)

Friday (22 Dec)

7:00pm – 9:30pm : Divine Mercy
Devotion

7:15pm – 9:15pm : Legion of Mary
Mandarin
(圣母领报)

Saturday (23 Dec)

9:00am onwards : Church Cleaning
(by Willing
Hands)

10:00am – 12:00pm : Legion of Mary
Mandarin
(天主之母)

10:30am – 12:30pm : Holy Trinity
Youth

1:00pm – 2:00pm : Legion of Mary
Youth (Mary,
Star of the New
Evangelisation)

3:30pm – 5:00pm : Legion of Mary
(Queen of
Angels)

7:30pm – 9:30pm : Neo-
Catechumenal
Way Mass

Other Timings

Rosary Prayer before Mass

Weekdays: 5:25pm @ Chapel

Saturday & Sunday: 4:55pm @ Main
Church

Parish News

Hour of Prayer

**Monday, 18 Dec, 8:00pm
Chapel**

Come and pray together for the
universal church.

Christmas Eve Mass

Sunday, 24 Dec

10:30pm (Carolling)

11:00pm (Mass)

Christmas Day Mass

Monday, 25 Dec

6:45am

8:30am (Mandarin) 10:15am

12:00pm

5:30pm

Catechism Registration 2024

Registration for Level 1 Catechism is
open for children born in 2017 via
mycatholic.sg. Instructions can be
found on tinyurl.com/catechism2024.

Charismatic Prayer Community and Christian Meditation

The communities are on a break for
December. Activities will resume in
January 2024.

Archdiocese Events

My Personal Moral Compass Shortened Edition

18 Jan to 21 Mar 2024,

7:30pm – 9:30pm

CANA at Catholic Centre, Level 3



My Personal Compass returns in a shortened edition this year. Come and get introduced to the basics of morality in an increasingly complex world. Build an ethical foundation to journey towards fulfilling your potential as a human person made in the image of God. Please scan the QR code to register.

Let's Gather, Meditate and Celebrate the New Year

4 Jan, 7:30pm – 9:30pm

Church of the Holy Cross

Auditorium



A New Year meditation event led by Peter Ng and Fr Eugene Vaz. Closing date for registration is on 18 Dec.

Please scan the QR code to register.

Five Strategies for Living out Virtues

27 Jan, 9:30am – 5:00pm

28 Jan, 9:30am – 4:30pm

CANA The Catholic Centre

Organized by Office for Catechesis.

This 2-day formation aims to empower catechists and parents to encourage those in their care to live more authentic and meaningful lives by creating safe, caring and learning communities. Please register via the link: tinyurl.com/virtuesofc.