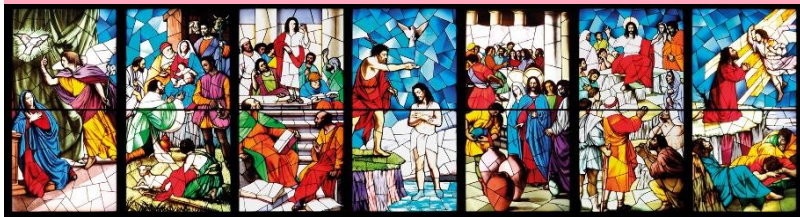




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Tel: 67842332
UEN: T08CC4049A
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Catholic Church of the Holy Trinity

4th Sunday of Lent, 19 March 2023



Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Deacon Shaun Lim 67865043
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Preparations to be made
1 year in advance.
Enquire at Parish Office



Stations of the Cross

Every Thursday in Teochew

8:00pm @ Chapel

Every Friday in English

3:00pm @ Chapel

6:30pm @ Main Church

Hour of Prayer

Monday, 20 March

8:00pm @ Chapel

Lenten Penitential Service

Monday, 27 March

10:30am, 8:00pm @ Main Church

Cleaning of Palms

Friday, 31 March

9:00am @ Canteen

Sunday Meditation

4th Sunday of Lent, Year A

1 Samuel 16:1b, 6-7, 10-13a; Psalm 23:1-6; Ephesians 5:8-14; John 9:1-41

He opened my eyes. (John 9:30)

Today's Gospel seems to be a simple miracle story. But it contains rich insight for us if we, like the blind man, allow Jesus to open our eyes.

Notice that this man was born blind. He had never been able to see his mother's face or the light of a sunrise. For his entire life, he saw only darkness, and his condition was considered incurable.

Since we were born with the blindness of original sin, we can all identify with the challenges this man faced. Just as his physical blindness made it difficult for him to live in freedom and independence, so our spiritual blindness causes us to struggle to find our way to God. We lack the light to walk in love and holiness, and God can seem distant to us.

Jesus spotted the man in his isolation and suffering and reached out to him (John 9:1). He applied mud to his eyes and told him to wash in the pool of Siloam. Suddenly, this man, who had never seen anything before, "came back able to see" (9:7). He could see his parents and the streets of Jerusalem—as well as the mockers who disputed his healing. Best of all, he saw Jesus! And although it took time, he came to recognize Jesus as the Lord and worshipped him (9:38).

Just as Jesus healed this man of his blindness, he has washed you clean of sin and healed your spiritual blindness in the waters of Baptism. No more stumbling in darkness—you have Jesus, the Light of the World, to guide you! No more hiding in shame over your sin—you are forgiven! No more isolation—you are a child of God and a member of his family! You may experience some lingering effects of sin, but Jesus offers you an opportunity to see more clearly each and every day. In time, he will overcome all your darkness.

Rejoice: Jesus has opened your eyes!

"Thank you, Lord, for your grace. I was blind, but now I see."

Reflection from Word Among Us

Parish Activities

Sunday, 19 March

4:15pm – 5:00pm : Legion of Mary Jr
(Mother of Holy Innocents)

Monday, 20 March

8:00pm – 9:00pm : Hour of Prayer

Tuesday, 21 March

7:00pm – 9:00pm : Jesus Youth

7:30pm – 9:30pm : Legion of Mary,
Mandarin (天主之母)

8:00pm – 9:00pm : Christian Meditation

Wednesday, 22 March

9:00am onwards : Church cleaning
(By Willing Hands)

7:30pm – 9:30pm : Extraordinary
Ministers Lenten
Reflection

8:00pm – 9:00pm : Charismatic Prayer
Community

Thursday, 23 March

10:00am – 11:00am: Legion of Mary
(Mary, Full of Grace)

10:00am – 11:30am: Mandarin Bible
Studies

10:00am – 12:00pm: Catholic Praying
Mothers

7:00pm – 9:30pm : Legion of Mary
(Our Lady of Charity)

7:00pm – 9:30pm : Society of St Vincent
De Paul

7:45pm – 9:30pm : RCIA English

8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary
Mandarin (圣母升天)

Parish Activities

Friday, 24 March

- 7:15pm – 9:15pm : Legion of Mary,
Mandarin (圣母颂报)
- 8:00pm – 9:00pm : Divine Mercy
Devotion

Saturday, 25 March

- 9:00am onwards : Church cleaning
(By Willing Hands)
- 10:00am – 11:00pm: Legion of Mary
(Mary, Star of the
New Evangelization)
- 10:30am – 12:00pm: Holy Trinity Youth
- 3:30pm – 5:00pm : Legion of Mary
(Queen of Angels)

Other Timings

- Rosary Prayer
- Weekdays: 5:25pm at Chapel
- Sunday & Saturdays: 4:55pm at
Main Church

Parish News

Hour of Prayer

Come and pray for the universal church at the Hour of Prayer on Monday, 20 March, 8pm @ Chapel.

Rosary @ the Grotto

During Lent, Rosary prayers at the grotto will change from the first Fridays of the month to the first Tuesdays of the month due to Stations of the Cross.

Parish IT Ministry

Our parish is gathering a team to operate the AV systems and social media for the church. Please contact Gary at 6784 2332 or gary.teo@holytrinity.org.sg with your interests.

Traffic Wardens Needed

Approach our Traffic Wardens on Sundays or contact parish staff in the office or at htadmin@holytrinity.org.sg.

Volunteers for Cleaning of Palms

Parish is looking for volunteers to prepare palms for Palm Sunday on Friday, 31 March at 9am. Cutting tools and gloves will be provided.

Prayers for Our RCIA Elect

Please keep the 23 elect in prayers as they prepare for their baptism in the upcoming Easter.

Archdiocese News

Archdiocesan Pastoral Council

Led by Cardinal William Goh, the Archdiocesan Pastoral Council (APC) is made up of clergy, religious, and lay people. Their role is to discern the people's hopes and concerns and develop a pastoral plan for the Catholic Church in Singapore. Visit www.catholic.sg/apc/ for more information.

Archdiocese Events

BRAVE Steps

Every Tuesday 21, 28 March; 11, 18 April 8:00pm – 10:00pm; Via Zoom

A new psycho-spiritual program organised by Clarity Singapore to explore the intersection between mental health and our Catholic faith. Learn faith-based coping strategies, signs and symptoms of common mental health conditions and how to journey with others in your mental health journey.

Sign up @ tinyurl.com/bravesteps2023

Module 2 of My Personal Compass 2023

Every Thursday, 23 March – 4 May 7:30pm onwards

CANA at Catholic Centre

55 Waterloo St, 187954, Level 3

Organised by Caritas Singapore: What is a virtue? Why are virtues so central to the Church's moral teachings and tradition? How do they help us to become more fully human?

Sign up @ tinyurl.com/MPC2023Mod2

Archdiocese Events

CBN Lenten Retreat 2023

Saturday, 25 March; 9:00am – 5:00pm

Agape Village, MPH 1, Level 1

7A Lorong Toa Payoh, 319264

Organised by Catholic Business Network (CBN) and lead by Fr Francis Lim, SJ:

Come for a day of recollection with a talk and sharing around the theme “Finding Joy @ Work with Christ”.

Sign up @ bit.ly/CBNLENT23

Learning to Listen and Facilitate

2 Saturdays, 25 March & 1 April

9:00am – 5:00pm

Catholic Archdiocesan Education Centre

2 Highland Rd, 549102

Organized by Office of Catechesis: In this course, participants will learn how to listen authentically which is key in facilitating small faith-sharing groups. This course hopes to equip ministries with facilitation tools that can deepen their craft in catechesis.

Sign up @ tinyurl.com/FCC-LLF

SHINE 23 Retreat

Monday, 27 March – Fri, 31 March

Office for Young People

2 Lorong Low Koon, 536449

Annual retreat organised by Office for Young People for Polytechnic, ITE & Private Diploma students. Come for an opportunity to encounter Jesus and to know the various Catholic communities and friendships that can support your spiritual journey across the institutions.

Sign up @ tinyurl.com/shine23p

Crucis Singapura

Saturday, 1 April

Walking barefoot across the island. This is an annual Lenten event organized by Jesus Youth where young people reflect on the Passion of Christ and partake in the Lord's suffering as they walk. Participants choose a parish and walk in pre-determined routes towards the same destination – Church of the Holy Spirit. The event will conclude with a final prayer and blessing at 3pm.

Sign up @ singapore.jesusyouth.org/crucis-singapura-2023/

Battling Pornography – A seminar for Parents

Saturday, 20 May; 2:00pm – 4:00pm

CANA The Catholic Centre (Level 3)

55 Waterloo St, 187954

Organised by Catholic Parents Online:

Come and join us as we seek to understand the psychological aspects of pornography, and how we can help our children avoid its snares.

Sign-up @

catholicparents.online/battleporn

Humanitarian Forum and Fair

Saturday, 24 June; 9:00am – 6:00pm

Catholic Junior College (Performing Arts Centre) 129 Whitley Rd, 297822

Organised by CHARIS: Join us as we learn from practitioners of humanitarian work as they share their experiences whilst serving the poor and marginalised on the ground.

Sign up @ bit.ly/HFF2023

View the bulletin online at:

holytrinity.org.sg/weekly-bulletin/