



Catholic Church of the Holy Trinity

5th Sunday of Lent, 26 March 2023

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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Deacon Shaun Lim 67865043
Parish Office 67842332
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Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Preparations to be made
1 year in advance.
Enquire at Parish Office



Lenten Penitential Service, 27 March, Monday

10:30am, 8:00pm @ Main Church

Cleaning of Palms, 31 March, Friday

9:00am @ Canteen

Maundy Thursday, 6 April

6:00pm, 8:00pm @ Main Church

Good Friday, 7 April

8:30am (Mandarin); 10:30am; 1:00pm; 3:00pm
All services @ Main Church

Easter Vigil, 8 April

7:00pm @ Starts from carpark

Easter Sunday, 9 April

6:45am; 8:30am (Mandarin); 10:15am; 12pm
& 5:30pm
All Masses @ Main Church

Sunday Meditation

5th Sunday of Lent, Year A

Ezekiel 37:12-14; Psalm 130:1-8; Romans 8:8-11; John 11:1-45

Jesus wept. (John 11:35)

Kara's close friend had just passed away from cancer, leaving behind a husband and four young children. So many people had prayed for her to be healed, but it didn't happen. Kara was baffled. How could a good and loving God allow this?

Kara searched the Scriptures for answers. Nothing satisfied her until she read these words in today's Gospel: "Jesus wept" (John 11:35). It didn't solve the mystery of why God allows suffering, but it did comfort her. She knew that the Lord was with her and with all the people who were grieving the death of this young woman. In fact, she sensed that he was weeping along with them.

Jesus' weeping at the tomb of Lazarus demonstrates how, as a human being, he experienced every emotion we experience, including grief. John writes that when Jesus arrived in Bethany and saw Lazarus' sister Mary weeping, he was "deeply troubled" (John 11:33). This shows us that Jesus understands exactly what we are going through when we lose a dear friend or loved one. Not only that, but he feels the pain and sorrow that we are feeling. That's why we can find so much solace in drawing near to him in those difficult times.

The reality of death was painful for Jesus even though he was planning to raise Lazarus. We might believe that a loved one is with God, and perhaps feel guilty about grieving because of the joy that they are now experiencing in heaven. But Jesus' example shows us that it's human to be sad, and that our faith isn't somehow deficient if we grieve.

If you are experiencing grief, know that Jesus is with you in your sorrow, not as a dispassionate bystander, but as a fellow mourner. He understands your pain, and in your darkest hour, he is with you to comfort and console you.

"Jesus, thank you for never abandoning me, in good times and in bad."

Reflection from Word Among Us

Parish Activities

Sunday, 26 March

10:00am – 11:20am: Mandarin Divine Mercy

4:00pm – 4:45pm : Legion of Mary Jr (Mother of Holy Innocents)

Monday, 27 March

Lenten Penitential Service
10:30am & 8:00pm

Tuesday, 28 March

7:00pm – 9:00pm : Jesus Youth

7:30pm – 9:30pm : Legion of Mary, Mandarin (天主之母)

8:00pm – 9:00pm : Christian Meditation

8:00pm – 9:30pm : Mandarin Bible Study

Wednesday, 29 March

9:00am onwards : Church cleaning (By Willing Hands)

7:30pm – 9:30pm : Eucharistic Ministers Lenten Reflection

8:00pm – 9:30pm : Charismatic Prayer Community

Thursday, 30 March

10:00am – 11:00am: Legion of Mary (Mary, Full of Grace)

10:00am – 11:30am: Mandarin Bible Studies

10:00am – 12:00pm: Catholic Praying Mothers

7:00pm – 9:30pm : Legion of Mary (Our Lady of Charity)

7:45pm – 9:30pm : RCIA English

8:00pm – 9:30pm : Lectors

8:00pm – 9:30pm : Legion of Mary Mandarin (圣母升天)

8:00pm – 9:00pm : NCC Simeon

Parish Activities

Friday, 31 March

- 9:00am onwards : Cleaning of Palms
7:15pm – 9:15pm : Legion of Mary,
Mandarin (圣母领报)
8:00pm – 9:00pm : Divine Mercy
Devotion

Saturday, 1 April

- 6:30am onwards : Crucis Singapura
9:00am onwards : Church cleaning
(By Willing Hands)
9:00am – 11:30pm: SSVP Ration
Distribution
10:00am – 11:00pm: Legion of Mary
(Mary, Star of the
New Evangelization)
10:30am – 12:00pm: Holy Trinity Youth
3:30pm – 5:00pm : Legion of Mary
(Queen of Angels)

Other Timings

- Rosary Prayer
Weekdays: 5:25pm at Chapel

Parish News

Stations of the Cross (Final Week)

- Thursday, 31 March, in Teochew
8:00pm @ Chapel
Friday, 1 April, in English
3:00pm @ Chapel
6:30pm @ Main Church

Rosary @ the Grotto

During Lent, Rosary prayers at the grotto will change from the first Fridays of the month to the first Tuesdays of the month due to Stations of the Cross.

Volunteers for Cleaning of Palms

Parish is looking for volunteers to prepare palms for Palm Sunday on Friday, 31 March at 9am. Cutting tools and gloves will be provided.

Prayers for Our RCIA Elect

Please keep the 23 elect in prayers as they prepare for their baptism at Easter.

Parish IT Ministry

Our parish is gathering a team to operate the AV systems and social media for the church. Please contact Gary at 6784 2332 or gary.teo@holyltrinity.org.sg with your interests.

Archdiocese Events

SHINE 23 Retreat

Monday, 27 March – Fri, 31 March

Office for Young People
2 Lorong Low Koon, 536449
Annual retreat organised by Office for Young People for Polytechnic, ITE & Private Diploma students. Come for an opportunity to encounter Jesus and to know the various Catholic communities and friendships that can support your spiritual journey across the institutions. Sign up @ tinyurl.com/shine23p

Fully Alive

Tuesday, 28 March, 7:30pm

Organised by Courage Singapore: Join us for this 4 session talk series to understand how to integrate faith and sexuality and accompany those who strive to do so.

Sign up @ tinyurl.com/Mar28-FullyAlive

Crucis Singapura

Saturday, 1 April

Walking barefoot across the island. This is an annual Lenten event organized by Jesus Youth where young people reflect on the Passion of Christ and partake in the Lord's suffering as they walk. Participants choose a parish and walk in pre-determined routes towards the same destination – Church of the Holy Spirit. The event will conclude with a final prayer and blessing at 3pm.

Sign up @

singapore.jesusyouth.org/crucis-singapura-2023/

Archdiocese Events

Review of Life Workshop

Saturday, 1 April, 9:00am – 1:30pm

CANA at Catholic Centre

55 Waterloo St, Level 2

Organised by Caritas Singapore: Join us in person as we learn to use the Catholic See-Judge-Act method to review one's life issues or contemporary social issues in the light of Catholic Social Teaching. This practical workshop is not a one-way talk, but a hands-on session where our facilitators will help participants practise the method in small groups.

Sign up @ tinyurl.com/ROLW2023

Humanitarian Forum and Fair

Saturday, 24 June; 9:00am – 6:00pm

Catholic Junior College (Performing Arts Centre) 129 Whitley Rd, 297822

Organised by CHARIS: Join us as we learn from practitioners of humanitarian work as they share their experiences whilst serving the poor and marginalised on the ground.

Sign up @ bit.ly/HFF2023

Coming Home

Tuesday, 25 April, 7:30pm

Venue disclosed upon registration

Organised by Courage Singapore: Parents and spouses, come and see how to create safe spaces and accompany children, family and friends including those who are same-sex attracted or identify as LGBTQ.

Sign up @ [tinyurl.com/Apr25-](https://tinyurl.com/Apr25-ComingHome)

[ComingHome](https://tinyurl.com/Apr25-ComingHome)

Battling Pornography – A Seminar for Parents

Saturday, 20 May; 2:00pm – 4:00pm

CANA The Catholic Centre (Level 3)

55 Waterloo St, 187954

Organised by Catholic Parents Online: Come and join us as we seek to understand the psychological aspects of pornography, and how we can help our children avoid its snares. Sign-up @

catholicparents.online/battleporn