



Catholic Church of the Holy Trinity

4th Sunday in Ordinary Time, 29 Jan 2023

20 Tampines St 11
Singapore 529455
Tel: 67842332
UEN: T08CC4049A
www.holytrinity.org.sg



Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Joe Dinesh 67865043
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 1pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Preparations to be made
1 year in advance.

Enquire at Parish Office



**Blessed are the poor in spirit, for
theirs is the kingdom of Heaven.
(Matthew 5:1)**

Fr Joe's Thanksgiving Mass

29 Jan (Sun), 12pm

Followed by a farewell reception for Fr
Joe and to welcome
Deacon Shaun at the Parish Hall.

Palm Collection for Ash Wednesday

25 Jan (Wed) - 18 Feb (Fri)

Please deposit your old palms in the
baskets at Foyer.

Sunday Meditation

4th Sunday in Ordinary Time, Year A

Zephaniah 2:3; 3:12-13; Psalm 146:6-10; 1 Corinthians 1:26-31;

Matthew 5:1-12a

Blessed are the meek. (Matthew 5:5)

If someone called you meek, would you consider it a compliment or an insult? Are you being described as humble and patient or overly submissive and weak?

In today's Gospel reading, Jesus called the meek "blessed," so clearly, he thought it was something worth striving for. He also called himself "meek and humble of heart" (Matthew 11:29). And he was: he was submissive, but only to the will of his heavenly Father.

This is what it means to be meek: to bend our will to God's. This kind of meekness requires strength, not weakness, and a willingness to trust and obey the Lord.

In today's first reading from the prophet Zephaniah, it seems that meekness was exactly what the people of Jerusalem were lacking. The northern kingdom of Israel had already been overrun by the Assyrians just a generation or two before Zephaniah wrote these words. A similar fate awaited the southern kingdom because they were worshipping other gods and breaking the Lord's commandments.

And who would survive the "day of the Lord's anger" (Zephaniah 2:3)? Only a "remnant" of people "humble and lowly," who would observe God's laws and seek "justice" and "humility" (2:3; 3:12). They would be blessed for their willingness to be meek before the Lord.

And so will we. When we follow God's commandments, even when our passions and desires push us in the opposite direction, we will enjoy freedom from sin. When we seek the Lord's will in all that we do— especially when we are faced with an important decision— we will feel peaceful and secure that we are following the right path.

Is there an area in your life that you are struggling to submit to the Lord? If so, repent and ask for the grace to give it to him. And even if you don't see the blessings right away, believe that they will come, just as Jesus promised.

"Come, Lord, and speak your words of life to me today!"

Reflection from Word Among Us

The Week in Church

Sunday, 29 Jan

- 11:30am – 1:00pm : Legion of Mary
(Mary, Star of the New Evangelization)
1:00pm onwards : Farewell Reception for
Fr Joe & Welcome for
Deacon Shaun

Tuesday, 31 Jan

- 7:00pm – 9:00pm : Jesus Youth
7:30pm – 9:30pm : Legion of Mary
Mandarin (天主之母)
8:00pm – 9:30pm : Mandarin Bible Study

Wednesday, 1 Feb

- 9:00am onwards : Church cleaning
(by Willing Hands)

Thursday, 2 Feb

- 10:00am – 11:30pm: Legion of Mary
(Mary, Full of Grace)
9:00am – 12:00pm: Catholic Praying
Mothers
7:00pm – 9:30pm : Legion of Mary
(Our Lady of Charity)
7:45pm – 9:30pm : RCIA English
8:00pm – 9:30pm : Lectors
8:00pm – 9:30pm : Legion of Mary
Mandarin (圣母升天)

The Week in Church

Friday, 3 Feb

- 6:30pm – 8:00pm : Sacred Heart Prayer
Tamil
- 7:00pm – 9:00pm : Youth Catechism
Parents' Briefing
- 7:15pm – 9:15pm : Legion of Mary
Mandarin (圣母颂报)
- 8:00pm – 9:00pm : Divine Mercy
Devotion

Saturday, 4 Feb

- 9:00am onwards : Church cleaning
(by Willing Hands)
- 9:00am – 11:30am: Society of St Vincent
de Paul Ration Day
- 10:00am – 12:00pm: Holy Trinity Youth
- 6:00pm – 9:30pm : Mandarin Group
Lunar New Year

Other Timings

Rosary Prayer

Weekdays: 5:30pm at Chapel

Saturdays: 5:00pm at Main Church

Parish Ministry

Ministry - Call for Help

Traffic Wardens

Our parish's traffic safety during weekend mass times requires your help to maintain order, even for an hour. Contact our Traffic Wardens at the parish office or htadmin@holyltrinity.org.sg

Holy Trinity Choral Ministry

A willing voice and a prayerful disposition are all that is required for singing at Mass. Contact Audrey at audreychoo2015@gmail.com

Hospitality Ministry

The Hospitality Ministry is recruiting, come join us. Contact Agus Wiwanto (98956438) or Matthew Yu (97465689).

Parish Ministry

Youth Catechism

Youth Catechism Parents' Briefing
31 Jan – 3 Feb (Tues – Fri)
7:00pm – 9:00pm @ Parish Hall

Archdiocese Events

Christian Anthropology

Jan 30 – 13 Feb 2023 (Every Mon).

7:30pm – 10:00pm

Online, via Zoom

Organized by Office of Catechesis. The course examines the questions of the origin, nature and destiny of the human person as revealed by God which underpins many Church teachings.

Register: www.catechesis.org.sg/2023-courses-events/BCC-CA

Marriage Encounter Weekend

3 – 5 Feb 2023 or 14 – 16 April 2023

2 weekends are open for marriage preparation. Please register at newkend@gmail.com or contact Joe & Reenie at 9670 5390.

Vocation Seminar for Single Young Women

4 Feb 2023 (Sat), 2:00pm – 6:00pm

*Verbum Dei Missionaries House,
4 Sommerville Rd, 358228*

Organized by Verbum Dei and led by Sr Sandra Seow. Come to learn more about consecrated life and state-of-life vocation discernment with time for personal prayer and reflection. Afternoon tea is provided.

Register: verbumdeispore@yahoo.com.sg

BCC02: Scripture

Every Tues, from 7 – 28 Feb (7 sessions)

7:30pm – 10:00pm

Online via Zoom

Organized by Office of Catechesis. Learn about the fundamental principles that upholds and animate the themes of Sacred Scripture. Register:

<https://tinyurl.com/bccscripture2023>

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Jesus Encounter Retreat #2

8 – 12 Feb 2023 (Wed to Sun)

*Catholic Spirituality Centre,
1261 Upp Serangoon Rd, 53796*

Fees: \$400

Come see and experience the love of the Father through a personal encounter with Jesus in the power of the Holy Spirit as He leads, guides, heals and restores.

Register: bit.ly/cscsjer2

Praying with Candidates in Our Prayer Space

16 & 23 Feb (Thurs). 7:30pm – 10:00pm

*Catholic Archdiocesan Education Centre,
2 Highland Road, 549102*

Organised by Office of Catechesis.

Understand prayer ministry, why we pray for each other and how the Holy Spirit ministers through us in prayer. Register:

<https://tinyurl.com/prayerspaces2023>

64th Beginning Experience Weekend

10 Mar – 12 Mar (Fri to Sat)

Fees: \$230

Affiliated to Catholic Family Life and directed by Fr Eugene Vaz. BE Weekend is for the permanently separated, divorced or widowed men and women. To help single-again individuals move from their grief to a new beginning, to be healed and free to love themselves, others and God.

Register: <https://tinyurl.com/BE-SG-WKD>

Parish in Pictures

Lunar New Year 2023

