



Catholic Church of the Holy Trinity

4th Sunday of Easter, 30 April 2023

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Singapore 529455
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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Deacon Shaun Lim 67865043
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12pm & 5:30pm

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Monday - Friday

9am - 6pm

Saturday

10:30am - 6pm

Sunday

Open during Mass timings

Public Holiday

Closed

Weddings

Preparations to be made
1 year in advance.
Enquire at Parish Office



“I am the gate. Anyone who enters
through me will be safe.”
(John 10:9)

Legion of Mary Recruitment

Legion of Mary will be holding a recruitment this
weekend at the foyer.

Eastertide Prayers

Every Friday, 3pm @ Chapel

Labour Day, 1 May (Public Holiday)

Mass is at 9am, no evening mass

Sunday Meditation

4th Sunday of Easter, Year A

Acts 2:14a, 36-41; Psalm 23:1-6; 1 Peter 2:20b-25; John 10:1-10

*The Lord is my shepherd; I shall not want.
(Psalm 23:1)*

Shepherds know that their sheep need to feed on good lush pasture to grow and flourish. Jesus, our Good Shepherd, knows what we need to flourish as well, so he promises that we will “find pasture” in him (John 10:9). On this Good Shepherd Sunday, let’s take some time to follow Jesus into the “verdant pastures” promised in the responsorial psalm (Psalm 23:2).

Start by closing your eyes and taking some deep, calming breaths. Then picture Jesus in front of you, staff in hand. Let him look on you with loving eyes and a gentle smile. Stay with this image for a few minutes, and then watch as he turns and beckons you to follow him. Where is he leading you? Into the fertile pastures that lie deep in your soul, that place where he abides.

In this place of beauty and stillness, you quiet your mind and let the tension drain out of you. You lie down in the soft grass and let it cushion your head (Psalm 23:2). My dear child, Jesus tells you, let nothing disturb you. I have everything in hand.

After a time, Jesus leads you by the hand to a small lake nearby. You recognize the “restful waters” that the psalmist speaks of (Psalm 23:2). Jesus urges you to cup your hands and take a long drink. The water is cool, refreshing, and sweet to the taste, and you keep drinking. Finally, you feel completely rested and satisfied. The Lord has restored your soul (23:3).

The Good Shepherd came so that you “might have life and have it more abundantly” (John 10:10). This life grows and deepens in prayer. It’s Jesus’ own life in you. So let him lead you each day to the rich pastures where he is waiting for you.

There you will find refreshment, restoration, and peace.

“Jesus, you are my Good Shepherd who leads and guides me. There is nothing and no one else I want but you.”

Reflection from Word Among Us

Parish Activities

Sunday (30 April)

9:00am – 12:00pm : Legion of Mary
Recruitment & Rosary
Making

Tuesday (2 May)

7:30pm – 9:30pm : Legion of Mary,
Mandarin (天主之母)
8:00pm – 9:00pm : Mandarin Bible Study
8:00pm – 9:00pm : Christian Meditation

Wednesday (3 May)

9:00am onwards : Church cleaning
(By Willing Hands)
8:00pm – 9:00pm : Charismatic Prayer
Intercessory

Thursday (4 May)

10:00am – 11:00am: Legion of Mary
(Mary, Full of Grace)
10:00am – 12:00pm: Catholic Praying
Mothers
7:00pm – 9:30pm : RCIA in English
7:00pm – 9:30pm : Legion of Mary
(Our Lady of Charity)
8:00pm – 9:30pm : Lectors

Friday (5 May)

3:00pm – 4:00pm : Eastertide Prayers
7:15pm – 9:15pm : Legion of Mary
Mandarin (圣母领报)
8:00pm – 9:00pm : Divine Mercy
Devotion

Saturday (6 May)

- 9:00am onwards : Church Cleaning
(by Willing Hands)
- 10:00am – 11:00am : Legion of Mary
(Mary, Star of the
New Evangelization)
- 10:30am – 12:00pm : Holy Trinity Youth
- 3:30pm – 5:00pm : Legion of Mary
(Queen of Angels)

Other Timings

- Rosary Prayer
- Weekdays: 5:25pm @ Chapel
- Sunday: 4:55pm @ Main Church

Parish News

Eastertide Prayers

Come for a time of prayer and reflection on the resurrection of Jesus during this Easter season.

Parish IT Ministry

Our parish is gathering a team to assist with IT at Mass and social media. Please contact Gary at gary.teo@holytrinity.org.sg or 6784 2332 with your interest.

Traffic Ministry

Parishioners concerned with traffic safety, contact Raymond (9863 5371) or Ronald (9822 1142) to contribute your time and ensure safer traffic in church.

RCIA 2023-2024

A new journey of RCIA will begin on 8 June, Thursday. Application forms can be found at the foyer, the notice board and parish office, or contact rciaht@gmail.com.

Legion of Mary Recruitment

The Legion of Mary will be holding a recruitment this weekend at the foyer. There will be sessions teaching how to make rosaries with materials provided.

Archdiocese Events

Easter Eggpressions

Sunday, 30 April 1pm – 4pm
Church of St Bernadette, Canteen
12 Zion Rd

Calling all migrants! Join ACMI for a day of fun, food, art, music and fellowship, while ‘eggpressing’ your gratitude to our risen Christ with Faith, Hope and Love. Sign up @ <http://bit.ly/3JT89Ca>



At the Feet of the Good Shepherd Retreat

Saturday to Sunday, 6-7 May
Punggol Seminary
199 Punggol 17th Ave

A personalised and directed retreat for leaders to sit at Jesus’ feet and listen to His voice, allowing our Good Shepherd to tend to you and restore your soul.

Sign up @ www.catholicleader.sg



Difficult Leadership Conversations

Saturday, 20 May 9am – 1pm
Agape Village
7A Lor 8 Toa Payoh, Multi-Purpose Rm 2

The quality of conversations of Catholic leaders & members determines the fruitfulness of our shared mission. How do we create accountability? How do we engage groups for better alignment? How can we create safe spaces in our groups?



St Louie Marie De Montfort – A Prophet of our Times

Saturday, 20 May, 2:30pm – 5:30pm
CANA, #02-01, 55 Waterloo Street,
187954

As we celebrate the 350th anniversary of St. Montfort’s birth, come and discover how his spirituality of a perfect devotion to Mary is especially needed for the renewal of our Church and our lives as disciples of Christ today.

Sign up @

Archdiocese Events

Who Do You Say I Am?

Friday, 26 May – Sunday, 28 May
LifeSprings Canossian Spirituality Centre
100 Jalan Merbok, 598454
Organised by Courage SG: Come away to encounter who Christ is for you in community. This retreat is open to people who are same-sex attracted or identify as LGBTQ.

Sign up by 16 May @

tinyurl.com/couragemayretreat

Via Mary – Monfortian Experience Retreat

Friday to Sunday, 26 – 28 May
Come, discover and experience in this retreat how doing everything through, with, in and for Mary, helps us do everything more perfectly through, with, in and for Jesus!

Sign up @

www.montfortcentre.org/events-1/via-maria-2023

Humanitarian Forum and Fair

Saturday, 24 June 9:00am – 6:00pm
Catholic Junior College
129 Whitley Rd, Performing Arts Centre
Organised by CHARIS: Join us as we learn from practitioners of humanitarian work as they share their experiences whilst serving the poor and marginalised on the ground.

Sign up @ bit.ly/HFF2023

Bulletin online @

holytrinity.org.sg/weekly-bulletin/