



Catholic Church of the Holy Trinity

22nd Sunday in Ordinary Time, Year B, 1 Sep 2024

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Singapore 529455
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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Shaun Lim 67843190
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12:00pm and 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Every day

6:30am - 6pm

Public Holiday

Closed by 10am

Church Wedding

Wedding bookings to be made 1 year in advance. Please enquire at the Parish Office.



**“This people honours me only with lip-service,
while their hearts are far from me.”**

Mark 7:6

Hour of Prayer

Let us pray together for the universal church.

2 September, 8pm, Chapel

Infant Baptism

Application forms are available at Foyer TV and notice board area. Please submit to Parish Office by 1 October, only submissions with all documents required will be accepted.

Parents and Godparents Preparation Session

12 October 2024, Saturday, 11am

Infant Baptism

19 October 2024, Saturday, 11am

22nd Sunday in Ordinary Time, Year B

**Deuteronomy 4:1-2, 6-8;
James 1:17-18, 21-22, 27;**

**Psalm 15:2-5;
Mark 7:1-8, 14-15, 21-23**

Why do your disciples not follow the tradition of the elders? (Mark 7:5)

If a *little* is good, wouldn't more be better? That seems to be the underlying logic of the Pharisees and scribes in today's Gospel reading. They saw the purity rules from the Law of Moses as a good thing—and they were. These rules set God's people apart among the nations and were meant to form his own character in them (see Deuteronomy 4:1, 6-7).

But the thirst for “more” of a good thing led to the addition of extra rituals for washing and purification over the centuries. And by the time these Pharisees confronted Jesus about his disciples' behavior, they were trying to uphold countless detailed but unwritten customs that were considered by some to be just as binding as the Mosaic law.

In the end, these attempts to revere God turned into what Jesus called “cling[ing] to human tradition” (Mark 7:8). The extra practices, though well-intentioned, focused attention in the wrong direction.

Jesus' response gets to the heart of the matter—our hearts! What we eat or how we wash our hands doesn't make us unclean. We defile ourselves by our thoughts, words, and actions that spring from within us (Mark 7:23). Growing in purity and godliness starts in our hearts and moves into our words and actions from there.

That means that the answer to your thirst for holiness isn't about adding more “rules” to help you become even more pure. It's asking yourself questions like “What's going on in my heart? What's motivating me?” If you see sinful attitudes, repent. Let the Lord uproot them and replace them with his own thoughts and desires. Then receive God's power to change as you set your heart on loving him and loving the people he's put into your life. That's how you can get more of a good thing as you seek to follow God's laws.

“Lord, help me to follow you with all of my heart!”

Reflection from Word Among Us

Parish Activities

Monday, 2 September

7:45pm – 9:30pm : Mandarin RCIA
8:00pm – 9:00pm : Hour of Prayer

Tuesday, 3 September

7:30pm – 9:30pm : Legion of Mary
Mandarin
(天主之母)
8:00pm – 9:30pm : Christian
Meditation
8:00pm – 9:30pm : Legion of Mary
Mandarin
(诸圣之后)

Wednesday, 4 September

- 9:00am onwards : Church Cleaning
(Willing Hands)
- 8.30am – 10.30am : Altar Servers
Bonding
- 10:00am – 12:00pm : JOY Ministry
for the elderly

Thursday, 5 September

- 10:00am – 11:00am : Legion of Mary
(Mary, Full of
Grace)
- 10:00am – 12:00pm : Catholic Praying
Mothers
- 7:30pm – 9:30pm : Bible Timeline
- 7:30pm – 9:30pm : Legion of Mary
(Our Lady of
Charity)
- 7:45pm – 9:30pm : RCIA
- 7:45pm – 9:30pm : SSVP
- 8:00pm – 9:30pm : Lectors

Friday, 6 September

- 7:30pm – 9:30pm : Legion of Mary
Mandarin
(圣母领报)
- 8:00pm – 9:00pm : Divine Mercy

Saturday, 7 September

- 9:00am onwards : Church Cleaning
(Willing Hands)
- 8:30am – 12.30pm : Divine Mercy Day
of Recollection
- 10:30am – 12:30pm : Holy Trinity Youth
- 1:00pm – 3:00pm : Legion of Mary
Youth (Mary, Star
of the New
Evangelization)
- 2:00pm – 3:00pm : Legion of Mary
(Queen of Angels)
- 6:30pm – 9:15pm : Legion of Mary
Mandarin
Gathering
- 7:30pm – 9:30pm : Neocatechumenal
Way

Other Timings

Rosary Prayer before Mass

Weekdays: 5:25pm at Chapel

Weekends: 4:55pm at Main Church

Prayer for Priests

Tuesdays: 4:50pm at Chapel

Parish News

Hour of Prayer

Let us pray together for the universal church.

2 September, 8pm, Chapel

Infant Baptism

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Infant Baptism

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JOY Ministry for the elderly

The ministry will visit the Church of the Nativity of the Blessed Virgin Mary on 4 September to pray the rosary.

Divine Mercy Day of Recollection

The ministry will be having their day of recollection on 7 September.

Archdiocese Event

Catholic Spirituality Centre 20th Anniversary Celebration

Everyone is invited to join in the celebration with a whole day of activities and Mass by Cardinal. For more info and

sign up: www.bit.ly/csc20mc

Souvenirs: <https://csctr.net/tacm/>

21 September 2024, Saturday,

10am to 8:30pm,

Catholic Spirituality Centre

Exam Mass and Recollection by Office for Young People

Inviting JC/IB students to prepare spiritually for the upcoming exam season. Sign Up:

tinyurl.com/JCIBexammass24

6 September 2024, Friday, 2pm to 5pm

CANA the Catholic Centre, L8

Pope's Mass 2024



Official souvenirs for the Papal Visit

Items are available for purchase, please visit:

www.catholicfoundation.sg/popefrancis2024/

Or scan the QR code:



Lourdes Experience 2024



7 December 2024,

Singapore Indoor Stadium

Event is expected to last 5 hours.

Registration for Parishioners who are Wheelchair, Trolley or Bed- Bound

Registration is open for parishioners who wish to attend the event but are sick and wheelchair-bound, or bed/trolley-bound. **Please submit the application form by this Tuesday, 3rd September.**

General public registration will begin in October.

Requirements:

1. Fill in application form, which are available at Foyer TV or Notice Board area.
2. Doctor must sign off on the application form.
3. Seat is allocated for 1 accompanying caregiver.
4. Email completed form to lourdesexperiencesg@gmail.com

For more information:

<https://www.tinyurl.com/LE2024SG>