



Catholic Church of the Holy Trinity

16th Sunday in Ordinary Time, Year B, 21 July 2024

20 Tampines St 11
Singapore 529455
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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Shaun Lim 67843190
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6:30am; 6pm

Saturday

6:30am; 5:30pm

Sunday

6:45am; 8:30am (Mandarin);
10:15am; 12:00pm and 5:30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

Columbarium

Every day

6:30am - 6pm

Public Holiday

Closed by 10am

Church Wedding

Wedding bookings to be made 1 year in advance. Please enquire at the Parish Office.



“They were like sheep without a shepherd. So he began teaching them many things.”

Mark 6:34

Priests' Annual Retreat

Priests will be on retreat from 22 July to 26 July

Infant Baptism

Application forms are available at foyer and notice board area. Please submit all documents to Parish Office by 1 August.

Parents and Godparents Preparation Session
17 August 2024, Saturday, 11am

Infant Baptism
24 August 2024, Saturday, 11am

16th Sunday in Ordinary Time, Year B

Jeremiah 23:1-6;

Ephesians 2:13-18;

Psalms 22:1-6;

Mark 6:30-34;

His heart was moved. (Mark 6:34)

Anyone who is a parent or caretaker of young children can relate to the dilemma Jesus' apostles faced in today's Gospel. They had just returned from their first attempts at preaching the good news and healing the sick (Mark 6:30). It must have been so exciting seeing God work so powerfully through them. But missionary work is demanding, so they were probably bone-tired as well. They must have appreciated Jesus' suggestion: "Come away by yourselves to a deserted place and rest a while" (6:31).

But their plans were disrupted when a huge crowd showed up. They must have felt the way exhausted parents can feel when everyone in the house has come down with the flu: stretched beyond their limits and more than a little dispirited. Some of them might have even wished that the people would go home—and take their diseases, their demons, and their troubles with them.

But not Jesus. In contrast to his apostles, he put aside his hopes for some R&R and devoted his whole day to teaching them "many things" (Mark 6:34). He saw a need and he met it—immediately and unquestioningly.

What a marvel Jesus is! We all get tired at times, and some of us are always tired. But the God of Israel "never slumbers nor sleeps" (Psalm 121:4). Jesus never gets worn out. He never complains, and he never feels sorry for himself. Just as he did throughout his life, and especially

on the cross, he continues to give without counting the cost.

Hold this image of Jesus close to your heart as you celebrate Mass today. Believe that, in the midst of all the other prayers arising to him right now, he still sees you and hears you. He is never too tired for you; he always has time for you. So quiet your racing heart and let him minister to you. Bring him your needs, and wait patiently to hear what he has to say to you.

Jesus, I am amazed at your tireless, endless love for me!

Reflection from Word Among Us

Parish Activities

Monday, 22 July

7:45pm – 9:00pm : Mandarin RCIA
(中文慕道班)

Tuesday, 23 July

7:30pm – 9:30pm : Legion of Mary
Mandarin
(天主之母)

8:00pm – 9:30pm : Christian
Meditation

Wednesday, 24 July

9:00am onwards : Church Cleaning
(by Willing
Hands)

10:00am – 12:00pm : JOY ministry
for the elderly

8:00pm – 9:30pm : Neocatechumenal
Way

Thursday, 25 July

- 10:00am – 11:00am : Legion of Mary
(Mary, Full of Grace)
- 10:00am – 11:30am : Mandarin Bible
Sharing
- 10:00am – 12:00pm : Catholic Praying
Mothers
- 7:30pm – 9:30pm : Bible Study
- 7:30pm – 9:30pm : Legion of Mary
(Our Lady of Charity)
- 7:45pm – 9:30pm : RCIA
- 7:45pm – 9:30pm : SSVP
- 8:00pm – 9:30pm : Lectors
- 8:00pm – 9:30pm : Legion of Mary
(Mandarin)

Friday, 26 July

- 10:00am – 11:30am : Evergreen
Community for
Elderly
(Mandarin)
- 7:00pm – 9:00pm : Altar Servers’
Training
- 8:00pm – 9:30pm : Divine Mercy

Saturday, 27 July

- 9:00am onwards : Church Cleaning
(by Willing Hands)
- 10:30am – 12:30pm : Holy Trinity Youth
- 1:30pm – 3:00pm : Legion of Mary
(Star of the New Evangelisation)
- 2:30pm – 5:00pm : Eucharistic
Ministry Meeting
- 3:00pm – 5:00pm : Legion of Mary
(Queen of the Angels)
- 7:30pm – 9:30pm : Neocatechumenal
Way

Other Timings

Rosary Prayer before Mass

Weekdays: 5:25pm at Chapel

Weekends: 4:55pm at Main Church

Prayer for Priests

Tuesdays: 4:50pm at Chapel

Parish Events

Infant Baptism

Parents and Godparents Preparation Session

17 August 2024, Saturday

11am

Infant Baptism

24 August 2024, Saturday

11am

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Archdiocese Events

Cantonese Retreat 2024 : The Puzzle of Grace – Rainbow after the Storm

Saints Peter and Paul Cantonese Group is organising a retreat for Cantonese-speaking Catholics

Church of Saints Peter and Paul

9 August, Friday, 9am – 5:30pm

Archdiocese Events

SFX Major Seminary's Annual Diocesan Vocation Retreat:

"Come to the table"

16th to 18th August 2024 (Stay-in)

Sign-ups close on 28th July

Open to all men ages 21-35.

Priority given to first timers.

Link to sign up here:

<https://tinyurl.com/SFXMSvoc24>

Or scan the QR code below



Pope's Mass Registration

Balloting ends on 31 July

Login to mycatholic.sg to register for balloting of tickets.

Registration of Papal Mass Assistance

Those who need help with their registration can also come in person to the outreach session in these churches.

Church of the Holy Family

– 22 July, Monday, 7pm to 9pm

Church of St Francis Xavier

– 23 July, Tuesday, 7pm to 9pm

Church of Holy Spirit

– 24 July, Wednesday, 7pm to 9pm

Cathedral of the Good Shepherd

– 25 July, Thursday, 7pm to 9pm

Church of the Holy Spirit

– 26 July, Friday, 7pm to 9pm

For more details on the balloting process go to

<https://www.popefrancis2024.sg/ballot/>

Or scan the QR code below

