



Catholic Church of the Holy Trinity

5th Sunday of Lent, 6 April 2025

20 Tampines St 11
Singapore 529455
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Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Abel Antony 67843190
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6.30am; 6pm

Saturday

6.30am; 5.30pm

Sunday

6.45am; 8.30am (Mandarin);
10.15am; 12.00pm and 5.30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

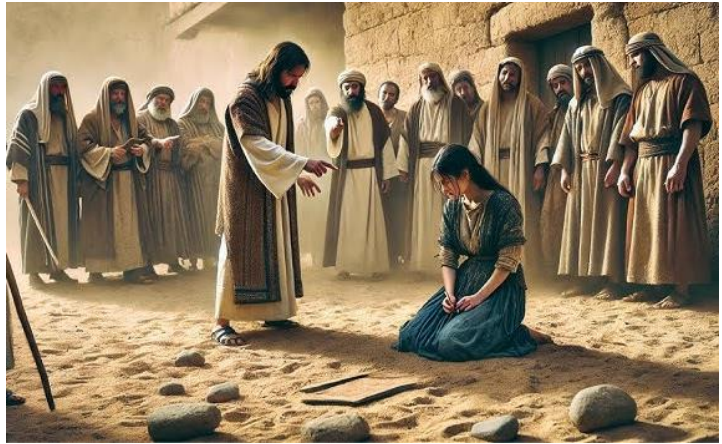
Columbarium

Daily

6.30am - 6pm

Church Wedding

Wedding bookings to be
made 1 year in advance.
Please enquire at the Parish
Office.



**"If there is one of you who has not sinned, let
him be the first to throw a stone at her."**

John 8:7

Grow Our Faith and Hour of Prayer

- Loving Self, Loving Neighbour

7 April (Monday), 8pm, Chapel

Holy Trinity Lent Penitential Service

8 April (Tuesday), 10.30am and 8pm, Main Church

Stations of the Cross

Thursday, 8pm at Chapel, in Teochew

Friday, 3pm at Chapel and
after 6pm Mass at Main Church, in English

5th Sunday of Lent, Year C

Isaiah 43:16-21; Psalm 126:1-6; Philippians 3:8-14; John 8:1-11

Forgetting what lies behind but straining forward to what lies ahead...
(Philippians 3:13)

St. Paul's description of his life in Christ can sound like a burdensome set of rules: accept the loss of all things; share in Jesus' sufferings; forget what lies behind; strain toward God's upward calling.

But Paul was happy to do all of this. Why? Because he had been changed. He had encountered Jesus, experienced his mercy, and was convinced that his new life was infinitely better! The imprint of Paul's experience of conversion on the road to Damascus, and every choice he made to follow Jesus thereafter, transformed his perspective. The entire direction of his life was different.

You can imagine something similar happening in the heart of the woman caught in adultery in today's Gospel reading. Her sin was laid bare before Jesus, and she was about to be killed by an angry mob. But she received God's unexpected and surprising mercy as Jesus dispersed the crowd and said to her, "Neither do I condemn you. Go, and from now on do not sin any more" (John 8:11). Surely, empowered by Jesus' words, she gladly accepted the loss of her old way of life, just as Paul had. She was happy to forget the emptiness of what lay behind her and, by God's grace, to strain toward his upward calling of a life free from her past sins.

How have you encountered Jesus? You might have decided to give your life

completely to him at a pivotal point. You might have brought a burdensome sin to Confession and been convinced of God's forgiveness and love. Maybe you're longing for an even deeper encounter right now!

These experiences can change your heart and shape your perspective. They make losing your life for Jesus—even when it involves difficulty—completely worth it! You, like Paul, can hold onto the "supreme good of knowing Christ Jesus [your] Lord" (Philippians 3:8).

"Jesus, I will follow you!"

Reflection from Word Among Us

Parish Activities

Monday, 7 April

- | | |
|-----------------|--|
| 7.30pm – 9.30pm | : Legion of Mary
Mandarin
– 天主之母 |
| 7.45pm – 9.30pm | : RCIA Mandarin |
| 8.00pm – 9.00pm | : Grow Our Faith
and Hour of Prayer |

Tuesday, 8 April

Lent Penitential Service
10.30am and 8pm

Wednesday, 9 April

- | | |
|-------------------|---------------------------------------|
| 9.00am onwards | : Church Cleaning
by Willing Hands |
| 10.00am – 12.00pm | : JOY Ministry
for the elderly |

Thursday, 10 April

- 9.00am onwards : Cleaning of Palms
10.00am – 11.00am : Catholic Praying Mothers
10.00am – 11.30am : Legion of Mary – Mary, Full of Grace
10.00am – 11.30am : Bible Sharing (Mandarin)
7.00pm – 9.00pm : Legion of Mary – Our Lady of Charity
7.30pm – 9.30pm : Bible Sharing
7.30pm – 9.30pm : RCIA
7.30pm – 9.30pm : Society of St Vincent de Paul
8.00pm onwards : Stations of the Cross (Teochew)
8.00pm – 9.30pm : Lectors
8.00pm – 9.30pm : Legion of Mary Mandarin

Friday, 11 April

- 7.15pm – 9.15pm : Legion of Mary Mandarin – 圣母领报
3.00pm onwards : Stations of the Cross
After 6.00pm Mass : Stations of the Cross
8.00pm – 9.00pm : Divine Mercy Devotion

Saturday, 12 April

- 6.30am onwards : Crucis Singapura
8.00am onwards : Church Cleaning by Willing Hands
10.00am – 12.00pm : Holy Trinity Youth
1.30pm – 3.00pm : Legion of Mary (Youth)
3.15pm – 5.00pm : Legion of Mary - Queen of Angels
7.30pm – 9.30pm : Neocatechumenal Way

Other Timings

Rosary Prayer before Mass

Weekdays: 5.25pm at Chapel

Weekends: 4.55pm at Main Church

Prayer for Priests

Tuesdays: 4:50pm at Chapel

Parish News

Prayers for RCIA Elect

Please pray for our brothers and sisters who are preparing to receive the sacraments this Easter. For more info:

<https://tinyurl.com/rciaeaster2025>

Grow Our Faith and Hour of Prayer - Loving Self, Loving Neighbour

7 April, 8pm, Chapel

All are welcome for a faith formation sharing and prayer.

Cleaning of Palms

10 April, Thursday, 9am onwards
Outside Chapel

Help is needed to clean and cut the palms for Palm Sunday.

Crucis Singapura 2025

12 April, Saturday, 6.30am

Jesus Youth invites all to a unique 'Way of the Cross' experience where participants walk barefoot (optional) across the island marking the sign of the Cross. Please register by 6 April at

<https://singapore.jesusyouth.org>

Parish News

Holy Week Mass and Service Timings

Maundy Thursday

17 April, Thursday

6pm, 8pm (no 6.30am Mass)

Church will close by 10.30pm

Good Friday

18 April, Friday

8.30am (Mandarin), 10.15am, 1pm, 3pm

Easter Vigil

19 April, Saturday

7pm (carpark will be closed)

Infant Baptism

Parents and Godparents Preparation

10 May, Saturday, 11am

Infant Baptism

17 May, Saturday, 11am

1. Application forms are available at foyer TV and notice board area.
2. Application form must be submitted with all supporting documents.
3. Please submit by 1 May 2025 to the Parish Office.

Archdiocese Events

Ark of the Covenant

– Byzantine Art Exhibition

1 to 31 May,

Carlo Catholic Services

225B Queen Street



Organized by Archdiocese Commission for Apostolate of Mandarin-Speaking.

This exhibition will offer a unique experience of the beauty and depth of Byzantine iconography, showcasing sacred art with historical and spiritual significance. Please scan the QR code for more information.

EnCourage Community Open Session

- by Courage Singapore

6 May, 7.30pm – 9.30pm



Inviting parents or family members of loved ones who is same sex attracted or identifies as LGBT for an evening of conversation and sharing. Please scan the QR code for registration.

CHARIS Humanitarian Forum and Fair 2025

14 June, 9am – 6.30pm

St Joseph's Institution Junior

Come for an insightful forum talk series and humanitarian booths featuring local and international speakers. For registration and more information, visit

<https://charis-singapore.org/hff2025/>