



Catholic Church of the Holy Trinity

5th Sunday in Ordinary Time, 9 Feb 2025

20 Tampines St 11
Singapore 529455
Tel. 67842332
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holytrinity.org.sg



Priests

Fr Frederick Quek 67841211
Fr Luke Zhang 67846418
Fr Abel Antony 67843190
Parish Office 67842332
htadmin@holytrinity.org.sg

Mass Timings

Weekday

6.30am; 6pm

Saturday

6.30am; 5.30pm

Sunday

6.45am; 8.30am (Mandarin);
10.15am; 12.00pm and 5.30pm

Public Holiday

9am

Parish Office

Monday - Friday

9am - 6pm

Saturday/Sunday

9am - 1pm

Public Holidays

Closed

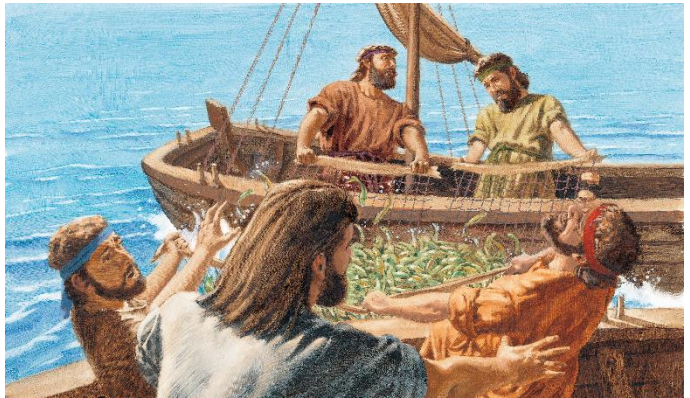
Columbarium

Daily

6.30am - 6pm

Church Wedding

Wedding bookings to be
made 1 year in advance.
Please enquire at the Parish
Office.



“Do not be afraid; from now on you will be
catching men.”

Luke 5:10

Holy Trinity Ministries Showcase

Weekend of 15-16 February, 22-23 February

Collection of Palms

Please leave your old palms in the yellow basket
located at the foyer. Ash Wednesday is on 5 March.

5th Sunday in Ordinary Time, Year C

Isaiah 6:1-8;

1 Corinthians 15:1-11;

Psalm 137:1-8;

Luke 5:1-11

I saw the Lord. (Isaiah 6:1)

How would you feel if you saw the Lord? Amazed? Afraid? Even ashamed? That's what happened to Isaiah in today's first reading. He beheld almighty God, seated on his heavenly throne, with angelic beings shouting, "Holy, holy, holy is the Lord!" (6:3). Overwhelmed, Isaiah cried, "Woe is me!" and confessed that he was unworthy to stand before the Lord (6:5).

Peter had a similar experience in today's Gospel. Weary from a long, unsuccessful night of fishing, he was cleaning his nets when Jesus told him, "Put out into deep water and lower your nets for a catch" (Luke 5:4). Peter must have grumbled as he cast his empty nets yet again. But once he saw the miraculous catch of fish, Peter fell to his knees, pleading, "Depart from me, Lord, for I am a sinful man" (5:8).

How wonderful that God didn't leave Peter and Isaiah in their fear and shame! Instead, he called them closer! God touched Isaiah and cleansed him of his sin. Even more, God invited him to speak to his people. And Jesus patiently reassured Peter, saying, "Do not be afraid," and welcomed him to join in his mission of "catching men" (Luke 5:10).

He will do the same for you. Today, you have the chance to see the Lord—at Mass, as you ponder his word, or as you gaze upon the beauty of this natural world. In the brightness of his glory, you may become more aware of your darkness and sinfulness. But you will also realize that God is far more holy and loving than you

have ever imagined. He will offer you his mercy and invite you to follow him more closely.

Whenever you feel inadequate or afraid in God's presence, remember Isaiah and Peter. Don't allow those feelings to hold you back or paralyze you or make you feel disqualified from following Jesus. He loves you perfectly. He is so holy, so merciful, so good. You don't have to be afraid.

"Here I am, Lord. I want to see you."

Reflection from Word Among Us

Parish Activities

Monday, 10 February

7.45pm – 9.30pm : RCIA Mandarin
8.00pm onwards : Exco Meeting

Tuesday, 11 February

7.30pm – 9.30pm : Legion of Mary
Mandarin
– 天主之母
8.00pm – 9.30pm : Christian
Meditation
8.00pm – 9.30pm : Lectors Mandarin

Wednesday, 12 February

9.00am onwards : Church Cleaning
by Willing Hands
10.00am – 12.00pm : JOY Ministry
for the elderly

Thursday, 13 February

- 10.00am – 11.30am : Legion of Mary
– Mary, Full of
Grace
- 10.00am – 11.00am : Catholic Praying
Mothers
- 7.00pm – 9.00pm : Legion of Mary
– Our Lady of
Charity
- 7.30pm – 9.30pm : Bible Sharing
- 7.30pm – 9.30pm : RCIA
- 8.00pm – 9.30pm : Lectors

Friday, 14 February

- 7.15pm – 9.15pm : Legion of Mary
Mandarin
– 圣母颂报
- 8.00pm – 9.00pm : Divine Mercy
Devotion

Saturday, 15 February

- 8.00am onwards : Church Cleaning
by Willing Hands
- 10.30am – 12.30pm : Holy Trinity Youth
– I Am Made for
More
- 11.00am – 12.00pm : Infant Baptism
- 1.00pm – 2.30pm : Legion of Mary
Youth – Mary,
Star of the New
Evangelization
- 4.30pm – 6.45pm : Holy Trinity
Ministries
Roadshow

Other Timings

Rosary Prayer before Mass

Weekdays. 5.25pm at Chapel

Weekends. 4.55pm at Main Church

Prayer for Priests

Tuesdays: 4:50pm at Chapel

Parish News

I Am Made For More by Catholic Family Life

15, 22 February
10.30am – 12.30pm
Room 19

For ages 15-23 years old



How does focusing on truths about human dignity, respect and the natural inclination for sexual honesty promote authentic freedom? For registration, please scan the QR code.

Holy Trinity Ministries Showcase

15 and 16 February
22 and 23 February

Our parish will be showcasing her ministries. From 1 Peter 4:10 “Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.” Come and see our various ministries and join in becoming a vibrant and evangelizing church.

Archdiocese Events

Landings Singapore

– For Returning Catholics

4 March, 8pm, every Tuesday at Church of Our Lady of Perpetual Succour

7 March, 7.30pm, every Friday at Cathedral of the Good Shepherd

A new 10-week programme designed specifically for Catholics who have been away from the Church, offering a welcoming space to reconnect with God. For registration and more info:

<https://landings.typeform.com/comehome>

Courses by Catholic Leadership Centre

1. Building Trust

8 March

Agape Village

A course to learn how to develop deeper levels of trust at an inter-personal and group level.

2. At the Feet of the Good Shepherd

22 & 23 March

Punggol Retreat Centre

A retreat for leaders to hear Jesus' voice, allowing him to tend to our inner wounds and restore our soul.

For registration and more info:

<http://www.catholicleader.sg/open-schedule-modules/>

Beginning Experience (BE)

– affiliate of Catholic Family Life

21-23 March

Lifesprings Canossian Spirituality Centre
100 Jln Merbok, 598454

The 68th Beginning Experience (BE) Weekend is a live-in weekend for the separated, divorced or widowed. To help individuals move on from the darkness of their grief into the light, to be healed and free to love themselves, others and God. For registration and more info:

https://www.besingapore.org/BE_Event

Creating Safe Spaces in Communities and Religious Institutes by Cenacle Sisters

22 -23 March

La Salle House,

490 East Coast Rd, 429058

This two-day workshop seminar introduces safeguarding as charism and Spirituality, starting with its theological and spiritual foundation. Abuse and all its forms will be defined. The dynamics of victimization and offending will also be explored. Register at

<https://tinyurl.com/safespaces2025>