



# Catholic Church of the Holy Trinity

7<sup>th</sup> Sunday in Ordinary Time, 23 Feb 2025

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Singapore 529455  
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## Priests

Fr Frederick Quek 67841211  
Fr Luke Zhang 67846418  
Fr Abel Antony 67843190  
Parish Office 67842332  
htadmin@holytrinity.org.sg

## Mass Timings

### Weekday

6.30am; 6pm

### Saturday

6.30am; 5.30pm

### Sunday

6.45am; 8.30am (Mandarin);  
10.15am; 12.00pm and 5.30pm

### Public Holiday

9am

## Parish Office

### Monday - Friday

9am - 6pm

### Saturday/Sunday

9am - 1pm

### Public Holidays

Closed

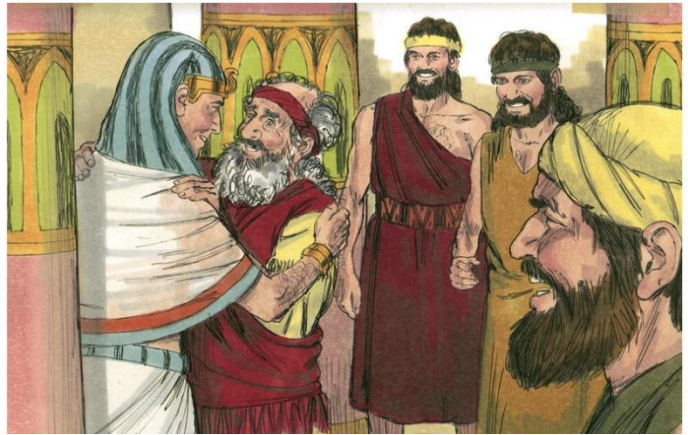
## Columbarium

### Daily

6.30am - 6pm

## Church Wedding

Wedding bookings to be  
made 1 year in advance.  
Please enquire at the Parish  
Office.



“...Love your enemies, do good to those  
who hate you...”

Luke 6:27

## Faith Formation - Works of the Holy Spirit

28 February, 8pm - 9pm

Parish Hall (All are welcome)

## 7<sup>th</sup> Sunday in Ordinary Time, Year C

1 Samuel 26:2, 7-9, 12-13, 22-23;

Psalms 103:1-4, 8, 10, 12-13

1 Corinthians 15:45-49; Luke 6:27-38

*Stop judging and you will not be judged.  
Stop condemning and you will not be  
condemned. (Luke 6:37)*

Whether it's the celebrity on TV or the disheveled person in the store or even the person we work with whose food choices are different from ours, we can find it so easy to pass judgment on people. And if we're honest, it may even seem like a very acceptable thing to do! But in his sermon to the crowds, Jesus is very clear: "Stop judging. . . . Stop condemning" (Luke 6:37). So what should we do instead?

The line that immediately precedes this passage gives us the answer: "Be merciful, just as your Father is merciful" (Luke 6:36).

Consider the mercy of God our heavenly Father. When you catch yourself judging another person, think about the love that God has for you: he sent his Son to die for you when you didn't deserve it—when you didn't even ask for it! Or recall all those instances when you didn't get "what you deserved" in your life. Maybe you spoke harshly to someone, and they spoke kindly back to you, or maybe your boss at work chose to overlook the fact that you were late on a project. Mercy flowed out to you, just as God's mercy extends to each and every person in the world.

When you run into "sinners" today, consider the Father's mercy and then share it generously. Speak kindly in response to harsh words. Bless the person

you disagree with. Forgive the aggressive driver in the next lane. Jesus promises that if you offer mercy to those around you, "Your reward will be great and you will be children of the Most High" (Luke 6:35).

God is the perfect judge. We can trust him to do his job. He knows when to be merciful, and he knows when to bring correction. He doesn't need our help! Instead, we can be merciful, we can forgive, and we can glorify our heavenly Father as we do.

*"Father, help me to be a reflection of  
your merciful love today."*

*Reflection from Word Among Us*

### Parish Activities

#### Monday, 24 February

- 7.00pm – 9.00pm : Jesus Youth  
7.45pm – 9.30pm : RCIA Mandarin

#### Tuesday, 25 February

- 7.30pm – 9.30pm : Legion of Mary  
Mandarin  
– 天主之母  
8.00pm – 9.30pm : Christian  
Meditation

#### Wednesday, 26 February

- 9.00am onwards : Church Cleaning  
by Willing Hands  
10.00am – 12.00pm : JOY Ministry  
for the elderly

## Thursday, 27 February

- 10.00am – 11.00am : Catholic Praying Mothers  
10.00am – 11.30am : Legion of Mary – Mary, Full of Grace  
10.00am – 11.30am : Bible Sharing Mandarin  
7.00pm – 9.00pm : Legion of Mary – Our Lady of Charity  
7.30pm – 9.30pm : Bible Sharing  
7.30pm – 9.30pm : RCIA  
8.00pm – 9.30pm : Lectors  
8.00pm – 9.30pm : Legion of Mary Mandarin

## Friday, 28 February

- 7.15pm – 9.15pm : Legion of Mary Mandarin – 圣母领报  
8.00pm – 9.00pm : Divine Mercy Devotion  
8:00pm – 9:00pm : Faith Formation

## Saturday, 1 March

- 8.00am onwards : Church Cleaning by Willing Hands  
1.00pm – 2.30pm : Legion of Mary Youth – Mary, Star of the New Evangelization  
3.15pm – 5.00pm : Legion of Mary - Queen of Angels  
7.30pm – 9.30pm : Neocatechumenal Way

## Other Timings

### Rosary Prayer before Mass

Weekdays: 5.25pm at Chapel

Weekends: 4.55pm at Main Church

### Prayer for Priests

Tuesdays: 4:50pm at Chapel

## Parish News

### **Faith Formation**

#### **- Works of the Holy Spirit**

28 February, 8pm – 9pm  
Parish Hall

All are welcome to join us for a faith formation session on who the Holy Spirit is, his gifts and fruits and how I can use them to glorify God.

### **Lent 2025**

#### **1. Ash Wednesday Mass Timings**

5 March, Main Church  
6.30am, 6pm, 8pm

#### **2. Stations of the Cross (Teochew)**

Starts from 6 March  
Every Thursday, 8pm, Chapel

#### **3. Stations of the Cross (English)**

Starts from 7 March  
Every Friday 3pm, at Chapel  
and after 6pm Mass, at Main Church

# Archdiocese Events

## School of Witness 2025 East District Outreach

26 February  
7.30pm – 10pm  
Church of the Holy Family

Join the participants of the School of Witness 2025 for a night of outreach to share the Good News and to show what they received from their 2-month live-in discipleship program; through prayer, preaching and creativity. Register at [tinyurl.com/sow25-east](http://tinyurl.com/sow25-east)

## Courses by Catholic Leadership Centre

### 1. Building Trust

8 March  
Agape Village  
A course to learn how to develop deeper levels of trust at an inter-personal and group level.

### 2. At the Feet of the Good Sheperd

22 and 23 March  
Punggol Retreat Centre  
A retreat for leaders to hear Jesus' voice, allowing him to tend to our inner wounds and restore our soul

Register at <http://www.catholicleader.sg/>

## A Time for Reflection Embrace the Spirit of Lent

15 March  
9am – 6pm  
St Ignatius Church, St Ignatius Hall



Organized by Catholic Business Network with Fr Colin Tan, SJ. Come for a Day of recollection with praise and worship, reflection, breakout sharing and Mass. For registration or more information, please scan the QR code.

## Beginning Experience (BE) – affiliate of Catholic Family Life 21-23 March

The 68th Beginning Experience (BE) Weekend is a live-in weekend for the separated, divorced or widowed. To help individuals move on from the darkness of their grief into the light, to be healed and free to love themselves, others and God. For registration and more info: [https://www.besingapore.org/BE\\_Event](https://www.besingapore.org/BE_Event)

## His Seven Last Words on the Cross A Lenten Reflection

28 March  
8pm – 10pm  
La Salle House



Organized by De La Salle Brothers. This Lent, take up your cross; listen to and reflect on Jesus' words to you from the cross. For registration or more information, please scan the QR code.